



CAMBRIDGE TAEKWONDO ACADEMY

SCHEDULE from December 7, 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					10:00 a.m.
					10:00 - 10:45 White Belt to Green Belt
↓ EVENING CLASSES ↓					10:45
6:00 - 6:45 White Belt to Green Belt	6:00 - 6:45 White Belt to Green Belt	6:00 - 6:45 White Belt to Green Belt	6:00 - 6:45 White Belt to Green Belt	6:00 - 6:45 White Belt to Green Belt	11:00
7:00 - 7:50 * Blue Stripe to Black Belt	7:00 - 7:50 * Blue Stripe to Black Belt	7:00 - 7:50 * Blue Stripe to Black Belt	7:00 - 7:50 * Blue Stripe to Black Belt	7:00 - 7:50 * Blue Stripe to Black Belt	11:00 - 12:00 Blue Stripe to Black Belt
8:05 - 8:55 Blue Stripe to Black Belt	8:05 - 8:55 Blue Stripe to Black Belt	8:05 - 8:55 Blue Stripe to Black Belt	8:05 - 8:55 Blue Stripe to Black Belt	8:05 - 8:55 Blue Stripe to Black Belt	12:00
					Note: Saturday Classes may be cancelled on holiday weekends.
<p>The curriculum material is divided according to the type of technique to be learned (kicks, blocks, stances & stepping, strikes & punches, etc.). For each category, a different coloured tape stripe is earned for demonstrating the new techniques required to advance to the next belt. Material from previous belt levels will also be reviewed.</p>					
<p>We are accepting new students for 2021! All ages are welcome.</p> <p>Please phone, text or email to arrange first class. Sorry, no walk-ins at this time.</p>					
<p>* Students in the blue stripe to black belt group can choose EITHER the 7:00 or the 8:05 class, not both.</p>					