



# CAMBRIDGE TAEKWONDO ACADEMY

SCHEDULE from September 28, 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						10:00 - 10:45 White Belt to Green Belt
	↓ EVENING CLASSES ↓					
6:30 p.m.	6:30 - 7:15 White Belt to Green Belt	6:30 - 7:15 White Belt to Green Belt	6:30 - 7:15 White Belt to Green Belt	6:30 - 7:15 White Belt to Green Belt	6:30 - 7:15 White Belt to Green Belt	11:00 - 12:00 Blue Belt to Black Belt
8:30 p.m.	7:30 - 8:30 Blue Belt to Black Belt	7:30 - 8:30 Blue Belt to Black Belt	7:30 - 8:30 Blue Belt to Black Belt	7:30 - 8:30 Blue Belt to Black Belt	7:30 - 8:30 Blue Belt to Black Belt	<p><b>Note: Saturday Classes may be cancelled on holiday weekends or for belt promotions.</b></p>
8:30 p.m.	<p>The curriculum material is divided according to the type of technique to be learned (kicks, blocks, stances &amp; stepping, strikes &amp; punches, etc.). For each category, a different coloured tape stripe is earned for demonstrating the new techniques required to advance to the next belt. Material from previous belt levels will also be reviewed.</p>					
	<p><b>We are now accepting new students! All ages are welcome.</b></p> <p>Please phone, text or email to arrange first class. Sorry, no walk-ins at this time.</p>					
	<p>Check website and emails for current week's schedule, which may change, based on attendance.</p>					