



# August 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 <i>Closed</i>
2	3 <i>Closed for Civic Holiday</i>	4	5	6	7	8 <i>SPARRING / KYORUGI</i>
9	10	11	12	13	14	15 <i>SELF-DEFENSE / HO SHIN SOOL</i>
16	17	18	19	20	21	22 <i>TECHNICAL &amp; CARDIO</i>
23 <i>Last week for Morning classes</i>	24	25	26	27	28	29 <i>PATTERNS / POOMSAE</i>
30	31					<i>SPARRING / KYORUGI</i> <i>Closed</i>